



The University of Texas at Austin

Extended Campus



AREAS OF EXPERTISE

Strength Coach
Endurance Training
Fitness Career Development
Mobility Management

Tony Thomas

Credentials and Experience

A graduate of Southwest Texas State University, Tony Thomas is the owner and operator of Kilter Fitness in Austin, TX. As a lifelong athlete, he has competed in a variety of sports, including an NPPL Series Championship in 2004. His current athletic focus is on the mountains where he snowboards and competes in multi-day mountain bike races. He's been teaching the W.I.T.S. program since 2011 with a passion for education both in the lecture hall and lab that earned him an Award for Excellence from UT Austin's Center for Professional Education in 2016.

Learn more about customized training solutions:

Extended Campus Custom Training
The University of Texas at Austin

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The **Extended Campus Custom Training** team manages customized and group training engagements for the Center for Professional Education, providing organizations of all sizes and across a wide variety of industries with high-quality training programs.